

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Segers Ellen HEADCOACH

Coaches: Cobbaert Griet

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 14:00
Heat: 1/5 Lane : 3 Athlete: VAN DER VEKEN LARA			Q-time: 00:49:63
PB (25m pool): 00:49.63 Hannuit 29/11/2025			PB (50m pool): no time SB: 00:49.63 Hannuit 29/11/2025
	2 5 M	5 0 M	
PB		00:49.63	
	00:49.63		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 14:01
Heat: 2/5 Lane : 1 Athlete: DE GEYTER ILANA			Q-time: 00:44:74
PB (25m pool): 00:42.90 Overijse 26/11/2022			PB (50m pool): 00:45.46 SB: no time
	2 5 M	5 0 M	
PB		00:42.90	
	00:42.90		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 14:03
Heat: 3/5 Lane : 1 Athlete: VAN LIERDE LANA			Q-time: 00:43:55
PB (25m pool): 00:43.47 Kapelle-op-den-Bos 14/04/2024			PB (50m pool): 00:45.99 SB: 00:43.55 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	
PB		00:43.47	
	00:43.47		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 14:03
Heat: 3/5 Lane : 2 Athlete: HEREMANS DITTE			Q-time: 00:43:03
PB (25m pool): 00:43.03 LEUVEN 23/11/2025			PB (50m pool): 00:41.11 SB: 00:43.03 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:43.03	
	00:43.03		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 14:03
Heat: 3/5 Lane : 3 Athlete: DE BISSCHOP LISSE			Q-time: 00:42:25
PB (25m pool): 00:42.25 Hannuit 18/01/2025			PB (50m pool): 00:42.69 SB: no time
	2 5 M	5 0 M	
PB		00:42.25	
	00:42.25		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 14:03
Heat: 3/5 Lane : 4 Athlete: DE BISSCHOP DIEDE			Q-time: 00:42:63
PB (25m pool): 00:42.09 Overijse 27/11/2021			PB (50m pool): no time SB: 00:42.98 Ternat 29/03/2026
	2 5 M	5 0 M	
PB		00:42.09	
	00:42.09		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 14:03
Heat: 3/5 Lane : 6 Athlete: MUYLEAERT YAELE			Q-time: 00:43:76
PB (25m pool): 00:43.76 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): no time SB: 00:44.59 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:43.76	
	00:43.76		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 14:04
Heat: 4/5 Lane : 1 Athlete: BOMBAERT MILLA			Q-time: 00:40:83
PB (25m pool): 00:40.83 Hannuit 18/01/2025			PB (50m pool): 00:43.62 SB: 00:42.34 Kapelle-op-den-Bos 21/09/2025
	2 5 M	5 0 M	
PB		00:40.83	
	00:40.83		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 14:04
Heat: 4/5 Lane : 3 Athlete: DEROOST BEAU			Q-time: 00:39:62
PB (25m pool): 00:39.62 Leuven 12/10/2025			PB (50m pool): 00:40.37 SB: 00:39.62 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:39.62	
	00:39.62		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 14:04
Heat: 4/5 Lane : 5 Athlete: BIESEMANS JANA			Q-time: 00:40:76
PB (25m pool): 00:40.76 Leuven 12/10/2025			PB (50m pool): 00:39.95 SB: 00:40.76 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:40.76	
	00:40.76		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 14:05
Heat: 5/5 Lane : 3 Athlete: DONIN MANON			Q-time: 00:33:73
PB (25m pool): 00:33.73 Hannuit 18/01/2025			PB (50m pool): 00:34.24 SB: 00:33.95 Gent 09/11/2025
	2 5 M	5 0 M	
PB		00:33.73	
	00:33.73		
			

Coach feedback:

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Event number: 9: 50M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 14:05
Heat: 5/5 Lane : 6 Athlete: LANDRIEU NORA			Q-time: 00:38:87
PB (25m pool): 00:38.87 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:39.09 SB: 00:40.59 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:38.87	
		00:38.87	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:2, starttime: 14:18
Heat: 2/8 Lane : 6 Athlete: VAN HOUCKE XANDER			Q-time: 99:99:99
PB (25m pool): 00:54.81 Dilbeek 29/09/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:54.81	
		00:54.81	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:4, starttime: 14:21
Heat: 4/8 Lane : 5 Athlete: LUBOWICKI OLIVIER			Q-time: 00:46:60
PB (25m pool): 00:46.60 Sint-Pieters-Leeuw 05/10/2025			PB (50m pool): no time SB: 00:46.60 Sint-Pieters-Leeuw 05/10/2025
	2 5 M	5 0 M	
PB		00:46.60	
		00:46.60	
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:5, starttime: 14:22
Heat: 5/8 Lane : 5 Athlete: BOMBAERT LOUIS			Q-time: 00:41:70
PB (25m pool): 00:50.71 Kapelle-op-den-Bos 14/04/2024			PB (50m pool): 00:41.70 SB: no time
	2 5 M	5 0 M	
PB		00:50.71	
		00:50.71	
			

Coach feedback:

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:6, starttime: 14:23
Heat: 6/8 Lane : 3 Athlete: DE BACKER BRENT			Q-time: 00:35:53
PB (25m pool): 00:35.53 Leuven 12/10/2025			PB (50m pool): 00:36.39SB: 00:35.53 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:35.53	
	00:35.53		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:6, starttime: 14:23
Heat: 6/8 Lane : 5 Athlete: TURF SANDER			Q-time: 00:38:45
PB (25m pool): 00:38.45 Hannuit 18/01/2025			PB (50m pool): 00:39.29SB: 00:38.68 Sint-Pieters-Leeuw 05/10/2025
	2 5 M	5 0 M	
PB		00:38.45	
	00:38.45		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:6, starttime: 14:23
Heat: 6/8 Lane : 6 Athlete: VOLCKAERT THOMAS			Q-time: 00:39:34
PB (25m pool): 00:39.34 Sint-Pieters-Leeuw 05/10/2025			PB (50m pool): 00:41.25SB: 00:39.34 Sint-Pieters-Leeuw 05/10/2025
	2 5 M	5 0 M	
PB		00:39.34	
	00:39.34		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:8, starttime: 14:25
Heat: 8/8 Lane : 1 Athlete: DE PEYPER MATS			Q-time: 00:32:20
PB (25m pool): 00:32.20 LEUVEN 23/11/2025			PB (50m pool): 00:32.93SB: 00:32.20 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:32.20	
	00:32.20		
			

Coach feedback:

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Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:8, starttime: 14:25
Heat: 8/8 Lane : 4 Athlete: DE PEYPER NOAH			Q-time: 00:31:72
PB (25m pool): 00:31.63 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 00:32.81 SB: 00:32.94 Dilbeek 28/09/2025			
	2 5 M	5 0 M	
PB		00:31.63	
	00:31.63		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+			Heat:8, starttime: 14:25
Heat: 8/8 Lane : 6 Athlete: VERROKEN GERBEN			Q-time: 00:32:29
PB (25m pool): 00:32.29 Leuven. 23/02/2025 PB (50m pool): 00:32.07 SB: no time			
	2 5 M	5 0 M	
PB		00:32.29	
	00:32.29		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 14:44
Heat: 3/8 Lane : 1 Athlete: VAN DER VEKEN LARA			Q-time: 00:37:44
PB (25m pool): 00:37.44 Dilbeek 28/09/2025 PB (50m pool): 00:34.80 SB: 00:37.44 Dilbeek 28/09/2025			
	2 5 M	5 0 M	
PB		00:37.44	
	00:37.44		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 14:44
Heat: 3/8 Lane : 4 Athlete: MUYLEAERT YAELE			Q-time: 00:34:98
PB (25m pool): 00:34.98 Dilbeek 11/05/2025 PB (50m pool): 00:35.29 SB: no time			
	2 5 M	5 0 M	
PB		00:34.98	
	00:34.98		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 14:45
Heat: 4/8 Lane : 3 Athlete: VAN LIERDE LANA			Q-time: 00:33:07
PB (25m pool): 00:32.47 De Druppelteen 16/04/2023			PB (50m pool): 00:33.05 SB: no time
	2 5 M	5 0 M	
PB		00:32.47	
	00:32.47		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 14:45
Heat: 4/8 Lane : 6 Athlete: VEIRMAN LOTTE			Q-time: 00:33:68
PB (25m pool): 00:33.68 LEUVEN. 22/02/2026			PB (50m pool): no time SB: 00:33.68 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:33.68	
	00:33.68		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 14:47
Heat: 5/8 Lane : 1 Athlete: DE GEYTER ILANA			Q-time: 00:32:92
PB (25m pool): 00:32.85 Dilbeek 12/05/2024			PB (50m pool): 00:37.52 SB: 00:33.50 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:32.85	
	00:32.85		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 14:47
Heat: 5/8 Lane : 2 Athlete: BIESEMANS JANA			Q-time: 00:32:39
PB (25m pool): 00:32.39 LEUVEN 23/11/2025			PB (50m pool): 00:31.93 SB: 00:32.39 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:32.39	
	00:32.39		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 14:47
Heat: 5/8 Lane : 5 Athlete: DE BISSCHOP LISSE			Q-time: 00:32:76
PB (25m pool): 00:32.76 Dilbeek 28/09/2025			PB (50m pool): 00:33.37 SB: 00:32.76 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:32.76	
	00:32.76		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 14:47
Heat: 5/8 Lane : 6 Athlete: DE BISSCHOP DIEDE			Q-time: 00:33:00
PB (25m pool): 00:32.72 De Druppelteen 16/04/2023			PB (50m pool): 00:33.44 SB: 00:33.00 Ternat 29/03/2026
	2 5 M	5 0 M	
PB		00:32.72	
	00:32.72		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 14:48
Heat: 6/8 Lane : 4 Athlete: DEROOST BEAU			Q-time: 00:30:39
PB (25m pool): 00:30.39 LEUVEN. 22/02/2026			PB (50m pool): 00:30.53 SB: 00:30.39 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:30.39	
	00:30.39		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 14:48
Heat: 6/8 Lane : 6 Athlete: HEREMANS DITTE			Q-time: 00:31:80
PB (25m pool): 00:31.80 LEUVEN. 22/02/2026			PB (50m pool): no time SB: 00:31.80 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:31.80	
	00:31.80		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 14:49
Heat: 7/8 Lane : 1 Athlete: BOMBAERT MILLA			Q-time: 00:29:71
PB (25m pool): 00:29.71 Leuven 12/10/2025			PB (50m pool): 00:30.70 SB: 00:29.71 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:29.71	
	00:29.71		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 14:50
Heat: 8/8 Lane : 1 Athlete: LANDRIEU NORA			Q-time: 00:28:90
PB (25m pool): 00:28.90 LEUVEN 23/11/2025			PB (50m pool): 00:29.26 SB: 00:28.90 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:28.90	
	00:28.90		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 14:50
Heat: 8/8 Lane : 2 Athlete: DE BACKER BIRGIT			Q-time: 00:27:85
PB (25m pool): 00:27.85 LEUVEN. 22/02/2026			PB (50m pool): 00:28.51 SB: 00:27.85 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:27.85	
	00:27.85		
			

Coach feedback:

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 14:50
Heat: 8/8 Lane : 4 Athlete: DONIN MANON			Q-time: 00:27:73
PB (25m pool): 00:27.73 Dilbeek 11/05/2025			PB (50m pool): 00:28.56 SB: 00:28.64 Gent 09/11/2025
	2 5 M	5 0 M	
PB		00:27.73	
	00:27.73		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Event number: 12: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 14:50
Heat: 8/8 Lane : 6 Athlete: VERROKEN MIRTE			Q-time: 00:28:92
PB (25m pool): 00:28.65 Leuven 17/10/2021			PB (50m pool): 00:28.92 SB: 00:29.08 Ternat 29/03/2026
	2 5 M	5 0 M	
PB		00:28.65	
	00:28.65		
			

Coach feedback:

Event number: 14: 50M FREESTYLE MEN 11+			Heat:1, starttime: 15:00
Heat: 1/10 Lane : 4 Athlete: BLOMMAERTS MATHIS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 14: 50M FREESTYLE MEN 11+			Heat:3, starttime: 15:03
Heat: 3/10 Lane : 4 Athlete: VAN HOUCKE XANDER			Q-time: 00:38:21
PB (25m pool): 00:38.21 Vilvoorde 18/05/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:38.21	
	00:38.21		
			

Coach feedback:

Event number: 14: 50M FREESTYLE MEN 11+			Heat:5, starttime: 15:05
Heat: 5/10 Lane : 4 Athlete: BOMBAERT LOUIS			Q-time: 00:31:72
PB (25m pool): 00:41.09 Kapelle-op-den-Bos 14/04/2024			PB (50m pool): 00:31.72 SB: no time
	2 5 M	5 0 M	
PB		00:41.09	
	00:41.09		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Event number: 14: 50M FREESTYLE MEN 11+			Heat:6, starttime: 15:06
Heat: 6/10 Lane : 3 Athlete: LUBOWICKI OLIVIER			Q-time: 00:29:85
PB (25m pool): 00:29.85 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): 00:31.15 SB: 00:29.85 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	
PB		00:29.85	
		00:29.85	
			

Coach feedback:

Event number: 14: 50M FREESTYLE MEN 11+			Heat:6, starttime: 15:06
Heat: 6/10 Lane : 4 Athlete: VAN HOUCKE QUINTEN			Q-time: 00:30:50
PB (25m pool): 00:30.50 Liedekerke 01/05/2025			PB (50m pool): 00:30.91 SB: no time
	2 5 M	5 0 M	
PB		00:30.50	
		00:30.50	
			

Coach feedback:

Event number: 14: 50M FREESTYLE MEN 11+			Heat:7, starttime: 15:07
Heat: 7/10 Lane : 5 Athlete: TURF SANDER			Q-time: 00:28:59
PB (25m pool): 00:28.59 LEUVEN. 22/02/2026			PB (50m pool): 00:29.10 SB: 00:28.59 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:28.59	
		00:28.59	
			

Coach feedback:

Event number: 14: 50M FREESTYLE MEN 11+			Heat:8, starttime: 15:08
Heat: 8/10 Lane : 4 Athlete: DE BACKER BRENT			Q-time: 00:26:99
PB (25m pool): 00:26.99 Leuven 12/10/2025			PB (50m pool): 00:27.53 SB: 00:26.99 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:26.99	
		00:26.99	
			

Coach feedback:

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Event number: 14: 50M FREESTYLE MEN 11+			Heat:8, starttime: 15:08
Heat: 8/10 Lane : 5 Athlete: DE PEYPER MATS			Q-time: 00:27:52
PB (25m pool): 00:27.52 Temse 17/11/2025			PB (50m pool): 00:27.67 SB: 00:27.52 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:27.52	
		00:27.52	
			

Coach feedback:

Event number: 14: 50M FREESTYLE MEN 11+			Heat:9, starttime: 15:09
Heat: 9/10 Lane : 1 Athlete: VOLCKAERT THOMAS			Q-time: 00:26:84
PB (25m pool): 00:26.84 LEUVEN. 22/02/2026			PB (50m pool): 00:26.94 SB: 00:26.84 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:26.84	
		00:26.84	
			

Coach feedback:

Event number: 14: 50M FREESTYLE MEN 11+			Heat:9, starttime: 15:09
Heat: 9/10 Lane : 5 Athlete: PERSOONS EMIEL			Q-time: 00:26:30
PB (25m pool): 00:26.30 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): 00:27.24 SB: 00:26.30 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	
PB		00:26.30	
		00:26.30	
			

Coach feedback:

Event number: 14: 50M FREESTYLE MEN 11+			Heat:10, starttime: 15:10
Heat: 10/10 Lane : 3 Athlete: VERROKEN GERBEN			Q-time: 00:24:43
PB (25m pool): 00:24.43 Gent 09/11/2025			PB (50m pool): 00:25.38 SB: 00:24.43 Gent 09/11/2025
	2 5 M	5 0 M	
PB		00:24.43	
		00:24.43	
			

Coach feedback:

Feryn Sprint Cup 26: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Event number: 14: 50M FREESTYLE MEN 11+			Heat:10, starttime: 15:10
Heat: 10/10 Lane : 4 Athlete: VOLCKAERT MATTHIAS			Q-time: 00:24:81
PB (25m pool): 00:24.81 Hannuit 18/01/2025			PB (50m pool): 00:25.55 SB: 00:24.82 Gent 09/11/2025
	2 5 M	5 0 M	
PB		00:24.81	
		00:24.81	
			

Coach feedback:

Event number: 14: 50M FREESTYLE MEN 11+			Heat:10, starttime: 15:10
Heat: 10/10 Lane : 6 Athlete: DE PEYPER NOAH			Q-time: 00:25:50
PB (25m pool): 00:25.50 Hannuit 18/01/2025			PB (50m pool): 00:26.59 SB: 00:25.56 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:25.50	
		00:25.50	
			

Coach feedback: